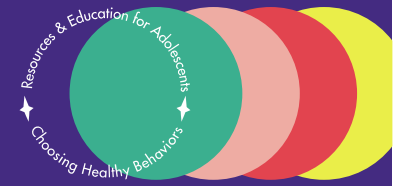


REACH



FAMILIES TALKING TOGETHER

RESOURCES FOR CAREGIVERS WITH ADOLESCENTS AGED 10-17 YEARS OLD

Participants will earn \$100 upon completion of program requirements!

This FREE class is an Evidence-Based Curriculum
Proven to Reduce Early Sexual Risk Behaviors and **Improve** Caregiver and Youth Relationships.

WHAT TO EXPECT

Caregivers will meet with a facilitator for two 1-2 hour sessions, and again for a follow-up support meeting to include:

- Discussion of strategies and approaches for caregivers to initiate conversations about youth risk behaviors
- Resources and information to encourage youth to build healthy relationships and learn risk reduction tactics will be provided

OBJECTIVES

Strengthen relationships between caregivers and adolescents to reduce risky behaviors such as:

- Sexual Activity
- Unhealthy Relationships
- Drug and Alcohol Use

Practice and identify caregiver skills to inform relationships between caregivers and adolescents with emphasis on:

- Aspects of Quality Relationships
- Communication
- Monitoring and Supervision
- Enforcement of Rules and Expectations
- Consistent Use of Consequences

FTT Application:



LSS REACH

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Independent
Living Services